Why Exclusionary Tactics Deserve a Time-out in Early Childhood Settings

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The Clubhouse Rules:

1. Nobody act big.
3. Everybody act medium.

Charles P. Swindoll, Insight for Living

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How do we treat the "Youngest Among Us"?

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Back to the clubhouse.

We might add:
~Everybody helps everybody.
~Those that need more help get it.

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Kids need help:

Tying shoes, zipping coats

Recognizing colors, shapes, letters

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What about: Social Relationships Conflict Management Decision-Making

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What do we do when a child has difficulty with learning letters, colors or numbers?

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How can I help you?

Try again!

You almost got it!

You're close!

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Who Misbehaves?
When?
Why?

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The origin of some behavior problems starts here...

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The Positive Working Model

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The Negative Working Model

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Whichever model we operate from has a profound impact on our world view.

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Temperament is another area that has a HUGE impact on behavior. BUT... Biology is NOT destiny.

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We need to stop reacting and start building a community.

There is much we can do to change outcomes for even the most challenging of children.

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Helping kids become successful is highly tied to helping them develop a certain set of skills that is teachable.

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She should know better!

There she goes AGAIN!

I told her a thousand x's

I give up!

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REMEMBER: A child's misbehavior rarely has anything to do with YOU.

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The EMOTIONAL part of a child's brain is WAY bigger than the THINKING part of the brain.

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Time-out for Exclusionary Tactics

The History of Time-out

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First used as a classroom alternative to:
~Embarrassment
~Scolding
~ Corporal punishment

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Used by caring teachers who wanted other means for dealing with classroom conflicts.

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Does time-out really work?

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Problem with Traditional Discipline

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Punishes children for making mistakes in their behavior.

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Punishes children for having problems they are unable to solve.

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"Time-outs can confuse young children."

L. Katz

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Time-out discourages the individual child and dampens the spirit of all children in the class.

~Clewett

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Ingroups and outgroups form. Breeds Discouragement

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No time-out?

We'll be encouraging anarchy!

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We need to get it right in our hearts and heads, first!

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We need to build Heart-Smart Classrooms

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Reading
'Riting
'Rithmetic

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Classrooms with the FOUR "R's"

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RELATIONSHIP
the 4th "R"

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People learn from people they love.

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Find the best in everybody, no matter how long you have to wait for them to show it.

Randy Pausch

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Binoculars

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Title: Exclusionary Tactics in Early Childhood Settings

What is our role?
STOP the behavior?
HELP pull the child towards success?
TEACH a better way?

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Stopping the behavior works for the short term.

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Teaching new skills CHANGES lives!

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Building well-adjusted individuals requires time.

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Behavioral Crises: Danger and Opportunity

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If we don't use time-out, what can we do instead?

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The Teaching Pyramid

Click the image to view a larger version of the Pyramid Model

http://bit.ly/i8thHs
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Teachers become GUIDANCE PROFESSIONALS

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My Mad Bag

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The Mittens

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Products that support social-emotional development.

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Teachers teach

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BUG and a WISH

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Teachers build an ENCOURAGING CLASSROOM

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We all belong.
We all contribute.
We all matter.

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Challenging Behaviors in the Classroom

Center for Social Emotional Foundations for Early Learning

http://csefel.vanderbilt.edu/resources/strategies.html

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...promoting social competence for EVERY child!

http://www.kidlutions.com/revolution_join.html
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Hope to see you there!